The main aim of this study is to find the degree of being exposed to mobbing and the reasons of it among nurses. In order to analyze this as well as the reactions toward it we applied a questionnaire to 170 nurses (which is 43% of the universe) working at a state hospital in Isparta, Turkey. The data were analyzed on the confidence level of 95% by using SPSS. The results showed that 54.1% of the participants said they were exposed to mobbing ‘sometimes,’ ‘usually’ or ‘always.’ We also found out that the most mobbing behaviour they were exposed to was ‘the restriction of revealing themselves.’ A statistically significant difference was found on the years worked in the organization and shift of the participants. 60% of the participants stated that women were the ones who did mobbing mostly. Also the ‘the hospital management’ seemed to be main reason for mobbing according to the participants.