ABSTRACT
Purpose: This descriptive research was carried out to reveal contraceptive behavior of women and related factors in postpartum period.
Methods: This study was included 440 lactating women who attending to Süleyman Demirel University Medical Faculty Pediatric Outpatient Clinic in March-June 2011. The questionnaire form prepared by researchers and it was performed with face to face metod for to collect the data. The data analysis was performed with SSPS 15.0 program. Pearson Chi square test was used for statistical analysis of data.
Results: According to our study all of the women were using contraceptive methods during the postpartum period. Among these withdrawal, condom and IUD (intrauterine device) were primarily the preferred methods. Factors that include age, education level, income level, family structure and living area statistically significant associated with the choice of contraceptive methods during breastfeeding.
Conclusion: Factors that include age, living areas, economic structure, education status of the women are taken into consideration in the provision of family planning services. Active participation of spouses should be provided in family planning. Couples should be encouraged to use modern contraceptive methods.
Key words: Breastfeeding period, contraceptive methods, socio-demographic factors.