The population increase rate decreases in Turkey which has young population. In the ageing period, people become sick frequently; curing period elongates and types of diseases change. Acute diseases in adolescence and chronic diseases in senescence come forward. Chronic diseases are that cause either physical or mental degenerative changes at the end of a long period or cause continuous physical, mental damages or disability. The old people have some troubles as the number of sick people is high and the women have important part in this rate. These problems are physiological, psychological and social changes, diseases and economical deficiency etc. Especially the old people think that there are handicaps in doing the activites well before being patient, needing help of the others, leaving the work and beloved people, changing the life styles, thinking they are not loved and respected as before, feeling death, loneliness, separation and joining the social activities. In this study, it is aimed to determine the changes which occur in life styles and ideas during chronic disease period of people 65 or over and who stay in Süleyman Demirel University Hospital.