Data explosion and improvements in technological and scientific field change the socio-cultural and economical structures of socialities. In this changing period, education system is a functional institute to be affected from social, economical, cultural, political, technological changes and which influence changes. Changes and developments especially in teaching and learning sense are directed by teachers efficiently. The need for teachers trying to improve themselves and school administration developing itself continuously and being open minded to improvements and changes for qualified education system increase. HIE programmes are necessary to learn new programmes for teachers in the period of new programmes application. So teachers can improve themselves and train useful, productive and conscious individuals (Tekin & Aya, 2006, p.168). School Based Professional Developments which are complementary of service training programmes are the process supporting teachers’ professional information, abilities, merits and attitudes also supporting teachers to create learning and teaching environments. Professional Development Studies aim to create awareness for teachers, to increase quality of education, to get more responsibility for self-improvement, to make self-evaluation and as a result of it, to prepare a professional development plan for inadequate fields or fields to be improved and to apply them. School based Professional Development Project is based on constructivist approach centered on learning instead of teaching. Constructivist approach helps students be active, think independently, solve problems while escaping from passivity.