People obtain specific feeding habits by using sources on their environments. Therefore, habits of feeding of populations are patterned on effects of their environments. The purpose of the study is identified relation between feeding habits and environments of ancient Anatolian populations by taking other parameters such as health, social life and culture into account. To this end, is surveyed articles and publics having reference to anthropological qualities populations living in Anatolia in the past. The information obtained in these investigations brings to light how environments and feeding habits of these populations effected aforesaid parameters. It is determined these populations in the Anatolia fell into different feeding habits in various environments, and add to this, some environmental stress and feeding habits effected their health poorly.