Researches that based upon nursing theories and models are contributed to the nursing knowledge. The doctorate thesis was designed to within the context of the Leininger’s Theory of Culture Care Diversity and Universality and Sunrise model. Sunrise Model was developed as a conceptual holistic research guide and facilitator to help researchers discover multiple dimensions related to the theoretical tenets of the Theory of Culture Care. The ethnonursing method is a qualitative research method that is used to investigate research participants’ life-worlds with a specific focus on health, illness and care, and it has been used in this study as part of the research design. Within this context, the purpose of this article is to describe how a doctoral dissertation could be based upon Sunrise Model.