In this study, it is aimed to examine the healthy lifestyle behaviors of the physicians who undertake important tasks in the field of health. The sample of the study consisted of 149 lecturers who have been working in April 2014 for the Faculty of Medicine at Suleyman Demirel University. Data was collected by using Healthy Lifestyle Behaviors Scale II. Mann Whitney U and Kruskal Wallis variant analyses were used to evaluate the data. The highest scores that the physicians received from the dimensions of the scale were in the Interpersonal Relations (25.59±3.66) and Spiritual Development. The total score average of the scale was identified as 105.25±14.52. Taking into consideration that 172 points is the maximum score of the scale, healthy lifestyle behaviors of the physicians in this study can be reported as medium. Physicians who got scores from the dimensions of the scale indicated significant differences accordingly to gender, marital status and cigarette use. As a result, despite the high level of knowledge in the field of health, it was found out that the physicians do not carry these healthy lifestyle behaviors into action.