The aim of this study is to examine the effect of football as a team sport in reducing the cohesion problems of adolescent girls with social cohesion and behavioural problems living in orphanages. Experimental research design was used; pre-test and post-test study design was conducted. A total of 22 adolescent girls (12 in the experimental group and 10 in the control group) aged 13-17, living in the orphanages of provincial directorate of Social Services and Child Protection Agency in Aydın participated in the study. At the end of the study, “American Association on Mental Deficiency Adaptive - Behavior Scale_AAMD-BS” was administered as a pre-test and post-test to the social workers who look after the children chosen for the sample to evaluate the intervention. SPSS 17 was used. Mann-Whitney U Nan-Par test was used to compare the mean difference between groups and Wilcoxon Nan Par test was used to compare mean difference in-groups. As a result, it was found that the participation of adolescent girls with social cohesion problems living in orphanages in football as a team sport can reduce their social cohesion problems. Keywords: Social cohesion, sports, football, adolescent and sports