Some businesses go to large-scale layoffs due to different reasons in times of crisis or any other period. This method as a cost-effective solution for companies, leads to laid-off individuals in terms of socio-psychological economic problems. In this context, firing technique through the example of the film *Up In The Air* were examined. The reason of choosing *Up In The Air* film is the best 2009 feature film which is complied by the British newspaper *The Daily Telegraph* about the business world today. Therefore the company which does not want confrontation with individuals who have emotional distress have begun to work with the firing of professional expertise by referring to various techniques.

In this study, discourse analysis technique was applied. Discourse analyses is concept of systematic linguistic patterns consisting of terminology and talk at the same time methodological and is a perspective of social life consisting of conceptual elements, thinking about discourse (theoretical and meta-theoretical element) and way of creating database as it characterized. This study aims to examine layoffs and the reaction of individuals who laid off in terms of psychological and socio-economic context. In this context, it is analysed firing, firing company and the impact on individuals through discourse of the main character.