Tracer Actions in Truelife Care Stories: An Analytic and Reflective Approach
Nursing care is a dynamic concept that shows continuous improvement. In the
beginning, the concept of care encountered as a theoretical term becomes meaningful
in terms of encountering and establishing relations with the patient in the clinic. Care
can only begin when a nurse enters the living space and the existential space of the
individual and thus the nurse detects the individual’s (spirit) state, it feels and reacts.
Each care behavior in interpersonal care creates meaningful effects on the individual.
Care behaviors defined as effective listening, eye contact, individual relieving, take
responsibility for the individual, touching, being sensitive, respectful, offering verbal
assurance, physical and mental availability, being emotionally open and accessible,
individual-centered and informing creates a healing effect in the patient and impacts a
mark on the individual. This article discusses the healing effects of the care with care
stories that have been experienced.

Key Words: Care stories, caring behaviors, nursing, nursing care