Elif Shafak discusses in her novel Siyah Süt (Black Milk), the facts to be a woman and to be a woman writer. She draws attention to the difficulties of women who are impressed by the tradition and are trying to be both writer and woman. The novel appertaining to the post modern concept has a multi layer constitution, so it’s narrating its own writing process with the events. The negative view oriented to women from the outer life and different figures appearing in the inner life, which have conflicts, frame up the fictive world. The novel forms an autobiographic character, at last turns into a work of art, which commits also a task for therapy.

Key words: Elif Shafak, Siyah Süt, post modernism, autobiographic novel, fiction.